



The Future of Workplace Behavioral Health Research: Free Webinar Series

About the Series: In 2015, a group of Employee Assistance and Workplace Behavioral Health professionals collaborated on a white paper entitled: *Bridging Public Health with Workplace Behavioral Health Services: A Framework for Future Research and a Stakeholder Call to Action*.^{*} The authors detail a clear need for more collaboration among stakeholders to develop the evidence-base for effective services that address worker mental health and substance abuse issues. Jointly sponsored by the Employee Assistance Professionals Association, the Employee Assistance Research Foundation, the Employee Assistance Society of North America with the support of the National Association of County Behavioral Health & Developmental Disability Directors, this webinar series is designed to broaden and deepen the conversation about EAP and Workplace Behavioral Health Services research and collaborations that can mutually benefit all service providers and those they serve. Each presentation in the series is intended to promote further dialogue and identify paths for future collaboration in workplace behavioral health research.

Part 1: Exploring the Total Worker Health Approach for Healthier, Happier Work

Speaker: Casey Chosewood, MD, MPH - Director of the Office for Total Worker Health at the National Institute for Occupational Safety and Health.

Date: Tuesday, October 11, 2016 **Time:** 12-1pm Eastern

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Session Description: Is it possible for work to provide us with both an income and a longer, healthier life? Can time spent on the job enrich us in more ways than one? Can jobs be crafted to safeguard and grow our well-being? Modern work is changing at a dizzying pace. New work-associated threats are emerging more rapidly than ever. For many workers, traditional occupational hazards cause injury and illness and silently contribute to risks for many chronic diseases. To succeed, today's organizations require novel, comprehensive strategies to better protect and promote worker safety, health and well-being. In 2011, the National Institute for Occupational Safety and Health launched its Total Worker Health program. Total Worker Health is defined as policies, programs, and practices that integrate protection from work-related safety and health hazards with promotion of injury and illness prevention efforts, all with the goal of advancing worker well-being. To be successful, this approach demands a new examination of all work-related risks, a more holistic understanding of the determinants, antecedents, interactions and relationships of exposures, both hazardous and ameliorative. It requires new models, tools and methods to help workers with the challenges they face while working and while off the job. This presentation will examine the new way we work, unpack what we know about the tight link between work and health, and spur new dialogue on the future steps we must take to optimize our work experience.

Speaker Biography: Dr. Casey Chosewood is currently Director of the Office for Total Worker Health (OTWH) at the National Institute for Occupational Safety and Health. In this role, he promotes the protection and improvement of the safety, health and well-being of workers around the world. The OTWH has led numerous occupational health services, laboratory and biosafety programs, environmental and compliance activities, and workplace well-being and prevention initiatives. His team has overseen a multi-faceted workplace health program providing more than 200,000 encounters, screenings, and health opportunities annually. Dr. Chosewood has presented extensively on the topic of occupational safety and health, biological and laboratory safety, international travel medicine, and workplace well-being.

^{*}Bennett J., Bray J., Hughes D., Hunter J., Frey J., Roman P., Sharar D. (2015). *Bridging Public Health with Workplace Behavioral Health Services*.

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