Political Cultural Competence & the Workplace: Navigating Relationships, Self-Disclosure and Ethics

Presented by:

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and
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October 23, 2020
11:00am – 1:00pm (PST)
Virtual ZOOM Workshop

**Information about CEUs, PDHs, and SHRM Workplace Competency credits available soon**

**Visit the San Diego EAPA chapter at http://www.sdeapa.com/ for event information and registration**

Introduction: Every workplace environment displays a variety of political sentiments and beliefs. Employee assistance professionals and mental health clinicians who provide support for employee clients will periodically encounter politically-charged statements, behaviors and atmospheres. Over the past several years, rising levels of social, cultural, and political conflict have increased in the United States and abroad. Recently increased social tension has gripped the country surrounding simultaneous crises of a global health pandemic, economic anxiety, and renewed calls for racial justice and police reform, all amidst a contentious presidential election consuming the media.

Professionals of various disciplines within numerous workplace settings have witnessed the increase of politically-connected stressors and related issues of concern for many consumers, whether they are clinical clients, employee staff, management, or organizational affiliates. As such, the influence of politically-oriented stress upon workplace relationships and emotional health cannot be ignored.

All professional disciplines include mandated responsibilities to provide ethically managed, non-discriminatory services and practices. The presenters for this workshop emphasize that skills to manage political topics in a professional setting is an aspect of cultural competence, and therefore an ethical responsibility for all disciplines. This workshop will encourage professionals in clinical counseling, employee assistance, and human resources to examine their own readiness to address possible ethical dilemmas involving political issues, including inappropriate or accidental self-disclosure when consumers they serve bring opposing political views or concerns with them into conversations, meetings, or treatment sessions. Workshop attendees will be encouraged to think deeply about how prepared they are to respectfully address workplace related stress associated with politically-oriented topics, as well as how to constructively and competently navigate the cultural aspects inherent within such conflict.

Who Should Attend?: Clinical, employee assistance, and workplace professionals, such as social workers, therapists, counselors, psychologists, EA providers, and HR professionals.

Schedule: 11.00am – 1.00pm (PST) **Virtual ZOOM workshop**
Cost: FREE for all attendees.

Objectives:
This presentation is designed to help participants:
1) Formulate a working, local definition of political cultural competence
2) Explore multicultural and intersectional implications of political cultural conflict and competence within the workplace
3) Discuss approaches for developing effective interpersonal and communication skills as a politically culturally competent professional
4) Consider professional ethical dilemmas in navigating political cultural differences, the boundaries of self-disclosure, and the process of promoting respectful dialogue within clinical and professional workplace settings

Presenter’s Biography:

ANGELE MOSS-BAKER, LPC, LMFT, MAC, EAS-C, DCMHS-COD

ANGELE MOSS-BAKER, is a licensed clinical mental health counselor with over 35 years of experience providing comprehensive, integrated treatment services to individuals with co-occurring behavioral health disorders. She is the owner of Comprehensive Addiction & Psychological Services LLC, (CAPS), a practice in the District of Columbia known for providing EAP counseling, Critical Incident Stress Management, individual, group, couples and family counseling. Angele specializes in providing integrated treatment for individuals with co-occurring mental health and substance use disorders. As a clinician and counselor educator, Angele provides clinical consultation, cross-training and technical assistance to behavioral health practitioners, the faith-based community, and community mental health centers. Angele is the recipient of the 2016 Dr. Linda Seligman Counselor Educator of the Year Award, and the 2019-2020 President-Elect for the American Mental Health Counselors Association (AMHCA).

LAURIE PERSH, LCPC, LMFT, EAS-C, NCC, CCMHC

LAURIE PERSH, has worked in a variety of settings for 35 years across a continuum of care. She received her BS in Education from Kutztown University, has a Master’s degree from Lehigh University in Community Counseling, and post graduate study from the Adler-Dreikurs Institute for Family Therapy of Bowie State University. She is board certified in clinical mental health and is bilingual in English and Spanish. Ms. Persh is an experienced clinician, critical incident responder and trainer; with expertise in trauma, grief, & loss; family systems, work-life balance, and cross-cultural counseling. She provided training and disaster response for the American Red Cross, FEMA, and Project Medishare in Haiti. She has worked in public mental health in agency settings non-profit and for-profit, providing counseling in-home, inpatient to outpatient. She also has taught college and been a supervisor and manager. Ms. Persh has managed her own private practice, now in Silver Spring, MD for over 10 years, while also presenting numerous workshops sharing her accumulated knowledge.